

REMEMBER: Our Small Subs are 20-30% Larger than the Average Half Sub

## Delicious Steak Subs— 100% REAL BEEF

(Lettuce, Tomatoes, Fried Onions, Banana Hots & Mayonnaise)

	Small 8"	Large 12"
REGULAR STEAK .....	7.69	10.59
CHEESE STEAK .....	7.69	10.50
MUSHROOM STEAK .....	7.69	10.59
GREEN PEPPER STEAK .....	7.69	10.59
PIZZA STEAK .....	7.89	10.79
CHICKEN CHEESE STEAK.....	7.89	10.79
CHICKEN, BACON RANCH CHEESE STEAK.....	7.98	11.48
FRANK'S SPECIAL STEAK .....	8.25	11.48
<i>(Green Peppers, Pepperoni, Mushrooms, Onions, Sauce &amp; Cheese)</i>		
Extra: Cheese, Mushrooms or Green Peppers each .....	.65	.90
Extra: Meat .....	1.99	2.99
Shrimp .....	3.00	4.00

## Cold Cut Subs

(Lettuce, Tomatoes, Fried Onions, Banana Hots & Mayonnaise)

	Small 8"	Large 12"
HAM & CHEESE.....	7.69	10.59
ITALIAN .....	7.69	10.50
REGULAR Cold Cut (Ham, Turkey & American Cheese).....	7.69	10.59
TURKEY BREAD .....	7.89	10.79
ROAST BEEF .....	7.89	10.79
ROAST BEEF & TURKEY BREAD .....	7.89	10.79
LEAVE IT TO FRANK .....	7.98	11.48
<i>(Toasted Italian Cold Cuts with Pepperoni &amp; Special Seasoning)</i>		

## Hot Subs

	Small 8"	Large 12"
MEATBALL.....	7.69	10.59
MEATBALL PARMIGIANA (Cheese) .....	7.69	10.59
ITALIAN SAUSAGE.....	7.69	10.59
ITALIAN SAUSAGE PARMIGIANA (Cheese & Sauce) .....	7.79	10.98
ITALIAN SAUSAGE & GREEN PEPPERS (Sauce) .....	7.79	10.98
ITALIAN SAUSAGE, PARMIGIANA GREEN PEPPERS, ONIONS, CHEESE & SAUCE .....	7.98	11.48
HAMBURGER (Sm. 1/4 lb. or Lg. 1/2 lb.).....	7.59	10.59
CHEESEBURGER (Sm. 1/4 lb. or Lg. 1/2 lb.).....	7.69	10.59
PIZZA SUB .....	7.69	10.59
CHICKEN FILET (Freshly Breaded in House).....	7.79	10.59
BUFFALO CHICKEN .....	7.79	11.48
<i>(with spicy wing sauce and bleu cheese or parmesan pepper dressing)</i>		
CHICKEN PARMIGIANA (Prepared Fresh in House).....	7.89	11.48
<i>(Toasted with Mozzarella Cheese &amp; Sauce)</i>		
VEAL PARMIGIANA .....	7.98	11.48
<i>(Toasted with Mozzarella Cheese &amp; Sauce)</i>		
VEGETABLE SUB Hot or Cold w/ Provolone.....	7.98	11.48
<i>Mushrooms Broccoli, Green Peppers, Black Olives, Lettuce, Tomatoes, Mayo, Hots, Toasted)</i>		
GRILLED CHICKEN .....	7.98	11.48
EGGPLANT PARMIGIANA .....	7.98	11.48

## Seafood Subs

	Small 8"	Large 12"
MARYLAND CRAB CAKE (Homemade, Broiled) 8" Only .....	11.99	
FLOUNDER FILET .....	7.69	10.59
FLOUNDER FILET (with Melted Cheese) .....	7.79	10.79
TUNA .....	7.79	10.79
TUNA MELT (Toasted with Provolone Cheese) .....	7.98	11.48

Give Someone You Know The Best . . .

**FRANK'S PIZZA GIFT CERTIFICATES**

## Party Ideas



## CATERING

### Italian Party Specialties

- Lasagna Party Trays
- Baked Rigatoni Trays
- Italian Sausage & Green Peppers
- Party Meatballs & Sauce
- Chicken Marsala
- Chicken Refugio
- Shrimp Salad
- Penne Primavera
- Super Salads (Serves 10-45 people)
- Greek Salad
- Panino *Homemade breadsticks filled with fresh tomatoes and herbs oven roasted*
- Side Orders of Garlic Bread & Fresh Bread Sticks

### Dinner Party Specials

- SHRIMP & CRAB AMORE** – In a Delicate Pink Sauce over Penne
- ITALIAN SAUSAGE AND FRESH GREEN PEPPERS** – Sautéed in a Lite Marinara Sauce over Penne
- FETTUCINI PRIMAVERA** – Fresh Broccoli, Mushrooms, Carrots and Asparagus in a Delicate Creamy White Sauce (Optional with Jumbo Shrimp)
- ALLA FELICIA** – Jumbo Shrimp and Lump Crab Meat in a lite Marinara Sauce with Parmesan Cheese
- CHICKEN & SHRIMP MILANO** – Breast of Chicken and Shrimp in lite Marinara Sauce with fresh Mushrooms over Angel Hair Pasta
- SHRIMP SCAMPI** – Jumbo Shrimp sautéed in a Lite Butter Garlic Sauce w/ a splash of White Wine over Penne
- SHRIMP MARINARA** – Jumbo Shrimp sautéed in Marinara Sauce over Pasta
- FRESH CLAMS OR MUSSELS** in a Red Marinara or White Wine Sauce over Pasta

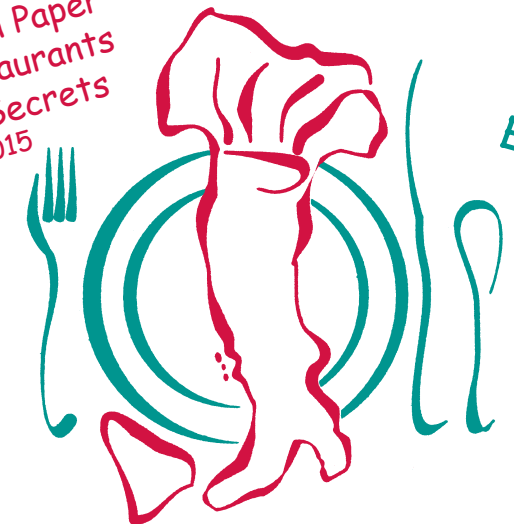
CREATE YOUR OWN . . .  
TELL US WHAT YOU WOULD LIKE,  
LET US DO THE COOKING

# FRANK'S Pizza & Pasta

Dine-In or Carry-Out

Baltimore Sun Paper  
50 Best Restaurants  
Best Kept Secrets  
Oct. 2015

Celebrating  
33 Years!  
Est. 1985



FIND US ON  
FACEBOOK!

“A Unique Treat From Italy”

USING NO HYDROGENATED OILS

Truly Better Fresher Ingredients

CATERING A FULL-LINE OF ITALIAN SPECIALTIES

### TUESDAY PIZZA SPECIAL

Two 16" Cheese Pizzas \$16.98

NO COUPONS NECESSARY-LIMIT 10

### WEDNESDAY SPAGHETTI for 2

Spaghetti & Meatballs for two  
including 2 salads & breadsticks

\$15.98

# 410-254-2900

6620 Belair Road, Overlea Plaza  
Baltimore, Maryland 21206

OPEN

Tuesday-Thursday: 11 a.m. to 10 p.m.  
Friday & Saturday: 11 a.m. to 11 p.m.

Sunday: 12 Noon to 9 p.m.

CLOSED ON MONDAY



www.frankspizzaandpasta.com

# Appetizers/Side Orders

FRIED CALAMARI (prepared fresh) ....	8.89
MOZZARELLA CAPRESE.....	8.89
<i>Fresh mozzarella, tomatoes, roasted red peppers</i>	
SPICY MEATBALLS (6) Mild Optional ...	6.89
PANINO .....	2.98
<i>Homemade breadsticks filled with fresh tomatoes and herbs toasted in oven</i>	
PIZZA-THIN SLICE .....	2.95
PIZZA-THICK SLICE .....	2.95
<i>(Toppings \$0.35 each)</i>	
ONION RINGS .....	3.98
GARLIC BREAD .....	2.55
<i>(With Cheese 85¢)</i>	
MOZZARELLA STICKS (5) .....	5.89
<i>w/ Homemade Tomato Sauce</i>	
SEASONED BREAD STICKS .....	4.98
BROCCOLI BITES (12) .....	5.89
MUSHROOMS-BREADED (12).....	5.89
JALAPENO POPPERS (Cheddar Cheese) ....	5.89
BROCCOLI-SAUTEED .....	5.85
<i>Italian Style</i>	

SPINACH-SAUTEED.....	5.85
<i>Fresh Spinach with garlic and Parmesan Cheese</i>	
MUSHROOMS -SAUTEED .....	5.85
<i>(Tomato Sauce, Parmesan Pepper or Extra Dressing 50¢)</i>	
<b>Fries</b>	
CHEESESTEAK FRIES .....	6.89
<i>Steak and cheese with parmesan pepper dressing</i>	
SWEET POTATO FRIES .....	3.29
FRENCH FRIES (LARGE CUT) .....	2.95
<i>(with Gravy 85¢)</i>	
OLD BAY FRIES .....	3.09
PIZZA FRIES .....	5.59
CHEESE FRIES .....	5.59
<i>(with Bacon 75¢)</i>	
<i>(with Homemade Parmesan Pepper or Tomato Sauce 50¢)</i>	
<i>(Bleu Cheese 75¢)</i>	

# Wings

(6) 6.79 (10) 8.99 (20) 19.89 (30) 28.99  
 Buffalo (spicy or mild) • BBQ • Old Bay • Butter Garlic Parmesan • Hot! Hot!  
 Bleu Cheese 75¢ Homemade Parmesan Pepper 50¢

# Salads

<i>Dressings: Homemade Creamy Parmesan Pepper, House Italian, French, 1000 Island, Lite Italian, Caesar</i>	
FRESH GARDEN SALAD .Sm	5.99 Lg 6.99
CAESAR SALAD .....	Sm 5.99 Lg 7.25
GREEK SALAD .....	8.99
MOZZARELLA CAPRESE.....	8.99
<i>Roasted red peppers, tomatoes over lettuce w/ house Italian dressing</i>	
CHEF'S SALAD .....	8.99
<i>(Ham, Provolone, Genoa Salami)</i>	
TUNA SALAD (Homemade) .....	8.99
FRANK'S SALAD .....	8.99
<i>(Turkey, Roast Beef, Mozzarella Cheese)</i>	
CHEESE STEAK SALAD .....	9.25
<i>Beef or Chicken</i>	
GRILLED CHICKEN.....	8.99
<i>(on Fresh Garden Greens)</i>	
BUFFALO CHICKEN RANCH SALAD..	9.25
CHICKEN CAESAR SALAD .....	8.99
EXTRA CHEESE OR MEAT .....	1.99
ADD GARLIC BREAD WITH YOUR SALAD ONLY	2.55

# PLATTERS

<i>CHOICE OF 2: Fries, Cole Slaw, Side Salad or Garlic Bread</i>	
CRABCAKE .....	15.99
<i>Broiled Colossal Lump Crab</i>	
FLOUNDER (2) .....	10.99
CHICKEN OR BUFFALO TENDERS (5) ..	11.99

# Homemade Soups

ITALIAN WEDDING SOUP .....	5.85
CREAM OF CRAB .....	5.85
FAGIOLI (optional w/o pasta).....	5.85
<i>(Italian bean soup with pasta)</i>	
SOUP OF THE DAY.....	MKT

# Children's Menu

SPAGHETTI WITH MEATBALLS.....	6.25
CHICKEN TENDERS (3) W/ FRIES .....	6.59
BABY SHELLS in PINK SAUCE .....	6.75
STUFFED SHELLS or RAVIOLI .....	6.75
FETTUCINI ALFREDO .....	6.89
ADD: MEATBALLS (Child - 2) .....	2.55

Prices do not include taxes  
 Prices subject to change without notice

# Pastabilities

<i>Your choice:</i>	
<i>Spaghetti, Linguini, Baby Shells, Rigatoni, Fettucini, Bow Tie, or Angel Hair</i>	
<i>(All 100% Seminola Imported Italian Pastas)</i>	
TOMATO SAUCE (Cooked 5 Hours) ..	9.25
MEATBALLS .....	9.25
ITALIAN SAUSAGE .....	9.25
MEAT SAUCE.....	9.25
MUSHROOM SAUCE.....	9.25
FRESH CHOPPED GARLIC AND OLIVE OIL .....	9.50
<i>(Black Olives and Broccoli optional at no extra charge)</i>	
MARINARA SAUCE .....	9.50
<i>(Plum Tomatoes -Delicious!)</i>	
<i>(Ask if you like your sauce spicy)</i>	

# Pasta Specials

SPAGHETTI SPECIAL .....	11.30
<i>Italian Spaghetti with 3 Meatballs or 2 Italian Sausage</i>	
HOMEMADE LASAGNA OR ANY BAKED PASTA DISH.....	12.25
ITALIAN SAUSAGE & GREEN PEPPERS .	13.50
<i>Sauteed Italian Sausage &amp; Green Peppers in a Lite Marinara Sauce over Linguini</i>	
CHICKEN PARMIGIANA.....	14.98
<i>(Veal Parmigiana Add \$2.00)</i>	
<i>Boneless Breast of Chicken Breaded in House Tomato Sauce topped with Melted Mozzarella Cheese over Spaghetti</i>	
CHICKEN MARSALA.....	14.98
<i>Chicken Breast in a creamy marsala wine sauce with fresh mushrooms over rigatoni (Optional in Marinara)</i>	
RIGATONI ALLA GENOVESE.....	14.98
<i>Rustic Meat Sauce with touch of Bacon and Green Peas</i>	
ARMANDO'S EGGPLANT PARMIGIANA ..	14.98
<i>Fresh Eggplant Covered with Melted Italian Cheeses with Spaghetti and Tomato Sauce</i>	
FETTUCINI ALFREDO .....	12.48
<i>Fettucini in a Delicate Creamy White Sauce</i>	
FETTUCINI ALLA PRIMAVERA .....	13.50
<i>Broccoli, Mushrooms and Carrots in a Creamy Alfredo Sauce, optional pink or Marinara Sauce</i>	
NAPOLETANA (not spicy) or ARRABIATA (spicy) .....	11.98
<i>Armando's Marinara Sauce plum tomatoes with Parmigiana Cheese over Rigatoni</i>	
BELLA DONNA (Puttanesca).....	12.98
<i>Spaghetti in a Armando's Marinara Sauce with Italian Black Olives and Capers</i>	
CHICKEN ALFREDO .....	14.98
<i>Chicken Breast in a Delicate Creamy Alfredo Sauce (optional with broccoli)</i>	
CHICKEN MARINARA .....	14.98
<i>Chicken Breast in Marinara Sauce over Penne</i>	
LOBSTER RAVIOLI.....	17.98
<i>w/ Jumbo Lump Crab in delicate vodka sauce</i>	

*Any Dish Optional with Marinara or Spicy Sauce*

-Specials and prices are subject to change without notice-

# Homemade Baked Dishes

LASAGNA .....	9.50
<i>(Meat &amp; Blend of 4 Italian Cheeses)</i>	
MANICOTTI (Cheese) .....	9.50
RAVIOLI (Cheese) .....	9.50
JUMBO STUFFED SHELLS (Cheese) .	9.50
BAKED RIGATONI .....	9.50
<i>(with Light Ricotta &amp; Mozzarella Cheese)</i>	
<i>"Armando suggests adding Meat Sauce to Baked Rigatoni or any Bakes Dish" .....</i>	
EXTRA	1.99
<b>SIDE ORDERS</b>	
Meatballs, Italian Sausage, Mushrooms or Meat Sauce.....	3.50
<b>ADD ONS TO ANY PASTA DISH</b>	
Chicken .....	3.50
Shrimp.....	4.00
Whole Wheat Pasta.....	1.00
Gluten Free Pasta.....	1.50
Zucchini Pasta.....	2.00
ADD A SIDE SALAD FOR ONLY \$3.98	
<i>Includes Fresh Garden Salad &amp; Homemade Bread Sticks</i>	

# Pesce/Seafood

ALLA FELICIA .....	16.78
<i>Jumbo shrimp and Lump Crab Meat in a lite marinara sauce with parmesan cheese</i>	
LINGUINI ALLE VONGOLE (Clams) .	16.78
<i>Your Choice of Red Marinara or White Clam Sauce made with Fresh Clams</i>	
FRESH MUSSELS ON THE HALF SHELL .	14.98
<i>Red Sauce or White Lite Garlic Wine Sauce served over Linguini</i>	
LINGUINI ALLA PESCATORE .....	19.98
<i>Jumbo Shrimp, Clams &amp; Mussels Served in Shells in a Lite Marinara Sauce or White Wine Sauce (Spicy Optional)</i>	
SHRIMP SCAMPI.....	16.78
<i>Jumbo Shrimp Sauteed in a Lemon Wine with Garlic and Olive Oil over Linguini</i>	
SHRIMP MARINARA .....	16.78
<i>Jumbo Shrimp in a Delicate Marinara Sauce over Linguini (Spicy Optional)</i>	
SHRIMP PARMIGIANA.....	16.78
<i>Jumbo Shrimp in a Lite Marinara Sauce with Melted Cheese over Linguini</i>	
MEDITERANO.....	18.78
<i>Jumbo Shrimp, Scallops and Crab in a Pink Sauce over Fettucini</i>	
ROSA .....	18.78
<i>Chicken Breast, Jumbo Shrimp and Crab in a Pink Sauce over BowTie</i>	



ROSA

# FRANK'S FAMOUS PIZZAS...

**Truly Better Pizza - Made from truly better ingredients!**

Dough made fresh daily using no hydrogenated oils, dough conditioners or preservatives. Homemade pizza sauce using only plum tomatoes (no oils or tomato paste). We use only the finest part-skim mozzarella and parmigiana cheese, grated fresh. All prepared fresh on premises.

## Thin Round Pizza

<i>Hand Tossed Neopolitan Style Fresh Dough</i>	
<b>TOMATO &amp; CHEESE</b> .....	12" 14" 16"
10.75	11.75 12.75
<b>BIANCA</b> (No sauce only cheese).....	10.75 11.75 12.75
<b>MARGARITA PIZZA</b> .....	13.25 14.25 15.25
<i>(Fresh Mozzarella, Basil &amp; Sauce)</i>	
<b>SHRIMP SCAMPI PIZZA</b> (Optional w/ Crab Add \$2.00).....	21.95 22.50 23.98
* <b>GOURMET PIZZA</b> (2 meat plus 1 veggie toppings).....	14.99 15.99 16.99
<i>(Pepperoni, Italian Sausage &amp; Fresh Mushrooms)</i>	
* <b>VEGETABLE PIZZA</b> (4 veggie toppings) .....	14.99 16.99 17.99
<i>(Fresh Mushrooms, Onions, Green Peppers &amp; Black Olives)</i>	
* <b>MEAT LOVER'S PIZZA</b> (5 meat toppings) .....	15.99 16.99 17.99
<i>(Pepperoni, Italian Sausage, Ham, Bacon &amp; Ground Beef)</i>	
* <b>SUPREME PIZZA</b> (9 toppings).....	16.99 17.99 18.99
<i>(Pepperoni, Italian Sausage, Green Peppers, Onions, Fresh Mushrooms, Ground Beef, Black Olives &amp; Extra Cheese)</i>	
<b>STEAK PIZZA</b> (optional grilled onions).....	13.50 14.50 15.50
<i>(Steak, Homemade Sauce, Mozzarella &amp; Parmesan Cheese)</i>	
<b>GLUTEN FREE CHEESE PIZZA</b> .....	12.98 1.40 per topping
ADDITIONAL TOPPINGS.....	1.60 1.70 1.85
EXTRA CHEESE .....	2.00 2.20 2.25

## SIGNATURE PIZZAS:

Mediterranean • Eggplant or Chicken Parmigiana • Buffalo Chicken

## FRESH PIZZA TOPPINGS

**MEATS:** Pepperoni, Italian Sausage, Ground Beef, Sliced Ham, Genoa Salami, Anchovies, and Bacon, **Chicken \$3.50, Shrimp \$4.00, Jumbo Lump Crab \$5.50**  
**VEGGIES:** Seasoned Mushrooms, Sliced Green Peppers, Onions, Black Olives, Fresh Chopped Garlic, Seasoned Chopped Tomatoes, Banana Hot Peppers, Spinach, Roasted Red Peppers and Broccoli

## White Pizza

<i>(Vegetarian Delight)</i>	
<i>(Fresh Broccoli, Fresh Chopped Garlic, Sliced Fresh Tomatoes, Light Ricotta &amp; Mozzarella Cheese)</i>	
12" 14" 16"	15.98 16.98 17.98

## The Sicilian Thick Square Pizza

*The Original Pan Pizza 14" x 14" Square	14" x 14"
<b>TOMATO &amp; CHEESE</b> .....	15.98
* <b>GOURMET SICILIAN</b> .....	19.98
<i>(Pepperoni, Italian Sausage &amp; Fresh Mushrooms)</i>	
* <b>VEGETARIAN SICILIAN</b> .....	19.98
<i>(Fresh Green Peppers, Fresh Mushrooms, Onions &amp; Imported Black Olives)</i>	
<b>SUPREME SICILIAN</b> .....	22.98
<i>(Pepperoni, Italian Sausage, Green Peppers, Onions, Fresh Mushrooms, Ground Beef, Black Olives &amp; Extra Cheese)</i>	
ADDITIONAL TOPPINGS .....	2.00
EXTRA CHEESE .....	2.75

\* NO SUBSTITUTES ON SPECIAL ITEMS

# Stromboli

<i>Pizza Turnover</i>	
<i>(Add Chicken \$3.00 or Shrimp \$3.50)</i>	
<i>Our fresh dough folded around lots of Mozzarella Cheese with our secret homemade pizza sauce</i>	
<b>STROMBOLI</b> .....	11.98
<i>(Mozzarella Cheese &amp; Sauce)</i>	
<b>GOURMET STROMBOLI</b> .....	13.75
<i>(Pepperoni, Italian Sausage &amp; Fresh Mushrooms)</i>	
<b>STEAK STROMBOLI</b> .....	13.99
<i>(Sauteed Onions Optional)</i>	
ADDITIONAL ITEMS .....	.90
EXTRA CHEESE .....	2.00

<b>PANINO</b> (w/ cheese 60¢) .....	2.98
<i>(Homemade breadsticks filled with fresh tomatoes and herbs oven roasted)</i>	

# Calzone

<i>Pizza Turnover with Ricotta &amp; Mozzarella Cheese served with side of sauce</i>	
<b>CALZONE</b> .....	11.98
<i>(Ricotta &amp; Mozzarella Cheese)</i>	
<b>HAM &amp; CHEESE CALZONE</b> .....	12.78
<b>GOURMET CALZONE</b> .....	13.75
<i>(Pepperoni, Italian Sausage &amp; Fresh Mushrooms)</i>	
<b>MUSHROOM CALZONE</b> .....	11.88
<i>(Seasoned Mushrooms &amp; Mozzarella Cheese)</i>	
<b>ADDITIONAL ITEMS</b> .....	.90

## Rolls

<b>ITALIAN SAUSAGE ROLL</b> .....	5.85
<i>(Cheese, Onions, Green Peppers &amp; Side Sauce)</i>	
<b>HAM &amp; PEPPERONI ROLL</b> .....	5.85
<i>(Ham, Pepperoni, Mozzarella Cheese &amp; Side Sauce)</i>	